



2nd Annual Lahoma Gebken Memorial 5K or 1M Fun Run/Walk*

Date / Time: April 16, 2011 – 8:00 am

Location: Start and end in Cliff Cave County Park
806 Cliff Cave Rd., St. Louis, MO 63129

Entry fee: \$15 on or before April 1, 2011
\$20 on or before April 16, 2011

In the event of severe weather (including flooding) this event will be canceled. No refunds will be provided.

Proceeds from this event will benefit St. Francis of Assisi School and a scholarship to St. Francis of Assisi in the name of Lahoma Gebken.

*As this is considered a Fun Run/Walk, we will hand out ribbons to the top three participants overall. This is not meant to be a competitive run/walk.

Participants who register prior to April 1st will receive a t-shirt in their packets. Participants who register after April 1st cannot be guaranteed a t-shirt.

Packet pickup will be held Friday, April 15th 3:00pm – 6:00pm at St. Francis of Assisi School, 4550 Telegraph Rd, St. Louis, MO 63129 Rm #15. Please enter thru the Parish Center. You can also pick up your packet at Cliff Cave Park pavilion on day of event from 7:30 am until the start of event. There will be attendance prizes and refreshments following the Run/Walk.

Contact Ann at 314-894-4562 / jpoelzl@sbcglobal.net for more information or go to www.sfaschool-stlouis.org.

The *Family Bussen Blast* will follow at Bussen Fields to include a washer tournament, kids activities, concessions, and much more. Additional details will follow soon. Please contact Joyce Romine at rominejb@sbcglobal.net with how you can help!

Mail form & entry fee to:
St. Francis of Assisi School
Attn: Tina Strebler (5K Run)
4550 Telegraph Road
Saint Louis, MO 63129

Make checks payable to: St. Francis of Assisi

Name: _____

e-mail: _____ **Age:** _____ **Gender:** _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____

Run/Walk entering: 5K or 1M

Shirt size: Adult S M L XL 2XL 3XL or Child M or L

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Signature _____ **Date** _____

Waiver: In consideration of your accepting this entry, I understand, I the undersigned, intending to be legally bound, hereby for myself, my heirs and administrators, waive and release any and all claims for damage, demands, actions against St. Francis of Assisi their affiliates, subsidiaries, officials, representatives, employees, successors and assigns for any and all injuries suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for participation in this 'fun run'. Further, I grant full permission for the free use of my name and/or any photographs, videotapes, motion picture recordings, or any other record of this event for legitimate purposes.